



## Original Health Spring News and Offers

### Alternative Use for Our Light Moisturiser

Over the last few months I've been looking at what other uses our products may have. A short while ago I'd run out of cleanser/makeup remover. The only thing I had to hand was a bottle of Original Health Light Moisturiser, so I decided to use it to try and remove my make up. The results were really impressive. It removed all of my face make up, and was quite good on the mascara as well, (non-waterproof mascara). I was really amazed; it was gentle and effective with no dry feeling afterwards. If you want to try it as cleanser all you need to do is dampen your skin with luke-warm water, then gently massage on a 10p size blob of the moisturiser using light circular movements, be very careful around the eye area, then gently remove with either damp cotton wool or a damp face cloth, finish off by patting dry with a soft towel. If your skin is really sensitive then do a patch test first.

### Focus On Borage Oil



Borage oil or Starflower oil has been used therapeutically for hundreds of years and is derived from the seeds of the borage plant - a large plant with blue, star-shaped flowers found throughout Europe, North Africa and North America. It has gained much attention for its profound medicinal properties. Borage oil has been shown to be beneficial in the

treatment and relief of many classic and modern day health problems. This is because of its high GLA, (Gamma Linoleic Acid) which is the oil's active ingredient. The GLA in borage oil is ultimately converted in the body to hormone-like substances known as prostaglandins, and these are important for the regulation of a host of bodily functions including inflammation, swelling and pain.

There have also been studies done within the scientific community that have looked at the effectiveness of borage oil on dry or damaged skin. The results showed that there was a significant improvement in the health and appearance of skin. Formulations containing Borage oil are now recommended for the treatment of most skin disorders including dry skin, eczema and psoriasis.

Original Health Anti Itch cream is packed with Borage oil and is a wonderfully soothing cream and also makes an excellent day or nighttime moisturiser for the face as well as the body. It also works well on mild cases of sunburn or exposure to the elements.

**Now turn over for news of Special Offers and details of our holiday pack**

### Special Offers

This spring we have some super offers for you. **For a limited period only we are offering 8 bars of Original Health Soap for the price of six**, that's two free bars per six-pack or 33% more for your money, depending on your point of view.

We have also reduced the price of Original Health Light Moisturiser and Original Health Anti Itch cream to just £5.00 each, giving you more value for money.

You can order by using our secure website **[www.originalhealthproducts.com](http://www.originalhealthproducts.com)** or by using the enclosed order form.

### NEW - Original Health Holiday Pack

For those of you travelling this season we have put together our Original Health holiday pack containing what we think are enough products for a two-week holiday in their own neat waterproof zip up travel bag. The pack contains the following;

2 x 100g Bars Original Health Soap  
1 x 225ml Bottle Light Moisturiser  
1 x 100g Pot of Anti Itch Cream  
5 x 10g Bags of Laundry Powder  
Blue Towelling Wash Cloth

Costs just £20.00 plus £2.95 p&p

### Over to You.....

If you have any ideas or alternate uses for our products than please let us know, either by e-mail, letter or give us a call, we'd love to hear your ideas and suggestions.

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