

## Welcome to what really works



'The Insider's Guide To Natural Health'

An independent complementary health site dedicated to helping you make fully informed health & lifestyle choices.

Written by Susan Clark, award-winning UK health journalist, author & broadcaster, you'll get the truth about natural remedies & practitioners.

### hot topics



#### **HOT!** We tried it... Original Health Soap

We have just come across an effective system which has been shown to improve a number of skin conditions, including psoriasis. Safe for newborn babies and infants, Original Health Soap is designed to replace your usual skin and hair cleaning products.

Because many sufferers of skin conditions have shown intolerances to conventional washing powders, the pack also includes a specially formulated soap powder.

The programme is recommended for an eight-week period, simply because customer feedback showed that most people experienced great improvement after using the products for eight weeks.

#### **Our triallists had the following to say:**

##### ***Emma - psoriasis***

I was fortunate enough to try the soap pack during a peak time of skin flare up for me - pregnancy! It was great to finally come across something that I could confidently use knowing that it wouldn't harm my baby. It really worked to calm my skin and provide much-needed relief from the itching that I get across my belly. I am also keeping some soap aside for my newborn in a couple of weeks.

##### ***Julie - eczema***

I have had terrible trouble finding a laundry powder that I can use because everything causes my skin to break out in a rash. Loved this product, no troubles for my skin while using it, although the powder made me sneeze each time I opened the packet. Would definitely buy it again.

##### ***Raewyn - sensitive skin***

I am very picky when it comes to skin and hair products because my skin is just so sensitive. If I use anything with chemicals in it my face swells and my scalp begins to flake. I did like this product, and I have four children - so it was great to use something that was compatible for my skin and easy enough on the budget to use for my family - I always feel terrible using chemicals on my children so it was good to have soap, shampoo, and washing powder that I could use guilt-free.